

## Excessive Heat Warning Issued for St. Croix and Puerto Rico as Temperatures Soar

Heat indices expected to exceed 108 degrees across multiple regions; warnings and advisories in effect from 10:00 a.m. to 5:00 p.m. AST as Saharan dust and warm overnight temperatures exacerbate conditions

Climate / **Published On September 16, 2024 08:54 AM /**

Staff Consortium **September 16, 2024**

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The National Weather Service in San Juan has issued an Excessive Heat Warning for multiple regions, including St. Croix, San Juan, North-Central Puerto Rico, Northwestern Puerto Rico, Western Puerto Rico, and Southwestern Puerto Rico, as heat indices are expected to exceed 108 degrees today. The warning will be in effect from 10:00 a.m. to 5:00 p.m. AST.

A Heat Advisory has also been issued for St. Thomas, St. John, Eastern Puerto Rico, Vieques, Culebra, Southeastern Puerto Rico, and South-Central Puerto Rico. Residents in these areas are urged to take necessary precautions as the heat threat is classified as elevated to significant,

especially in lower elevations of the islands.

The current weather pattern brings with it not only soaring daytime temperatures but also warm overnight conditions, preventing the usual nighttime relief. The situation is further exacerbated by slight concentrations of Saharan dust present in the atmosphere, contributing to the overall discomfort.

Authorities advise residents and visitors to stay hydrated, avoid prolonged outdoor activities, and seek air-conditioned environments whenever possible during this period of intense heat. The public is also reminded to check on vulnerable individuals, including the elderly and young children, who may be more susceptible to heat-related illnesses

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